

Theme- Community Services

Dear parents,

This project is the part of **The Wise Skills Initiative**, started by our school to inculcate social emotional learning. Wise Skills emphasizes the critical traits and principles summarized in the concept of wisdom, which can be thought of as, "Making good choices for myself and others."

Wise Skills promotes the development of grit and resilience in young people. The program includes activities designed to:

- 1 Teach and reinforce themes of good character
- 2 Introduce positive role models
- 3 Encourage service to others
- 4 Proactively address issues such as violence, bullying, peer pressure, and drugs and alcohol

We know that all parents, educators, and other adults who care for children and youth want nothing more than to see them grow into happy and successful adults who make good choices for themselves and for others. We are honoured that you are considering using Wise Skills to help you teach the children and youth in your care about the things that matter most in life.

GUIDELINES

- 3hours of community service is compulsory for classes 1, 2 and 3.**
- 5hours of community service is compulsory for classes 4, 5 and 6.**
- 8 hours of community service is compulsory for classes 7 and 8.**
- 10hours of community service is compulsory for class 9 onwards.**

- ✚ One can invest time in more than one activity. (For example - a student of class 3 can participate in any number of activities given below from 1 to 33 but total time invested should be minimum 3 hours.)**
- ✚ Students class 4 onwards would prepare a report including printouts of photographs of the services taken on A4 sheets and compile them properly in a self-made binder. Sample of the report to be prepared has been attached. Community service report should clearly mention :**
 - a. The activity/activities opted for community service**
 - b. Why this particular activity was opted by child over others**
 - c. What was the impact of community services on you?**
 - d. What was the impact of your services on your community?**
 - e. Some positive and negative remarks received by a student While undertaking a specific community service.**

Printouts of photographs must include time stamp.

- ✚ **Printouts of photographs taken must clearly verify the work done. (For example in case of activity number 4 photographs must clearly show**
 - a. **The hospital where the drive ‘meals on wheels’ was conducted,**
 - b. **Student engaged in the activity at hospital as well as preparing Meals for the drive.**

Stamp of local authority is important for verification of the services taken. For example:

- ✚ **Village Sarpanch in case of cleaning drive in village in case of activity 10, or member of municipality in case of urban areas,**
- ✚ **Manager of old age home in case of activity 5,**

Note: Students of class 1, 2, 3 are not required to prepare a report. Only printouts of photographs taken on A4 sheets with entitled services undertaken is sufficient.

1. Students can conduct a collection drive in their locality by collecting old clothes, toys, books and they can conduct the distribution drive for the same.
2. Students can actively participate in direct interaction with the underprivileged children listening to the problems they face in life and must try to provide help where ever they can.
3. Students can help the children with their academics, teaching them the subjects like English, Math, Computers, etc., Storytelling sessions (to make them happy for a while), cleanliness etc.
4. Students can also help in serving the community by visiting the children admitted in various hospitals distributing them gifts, toys, juices etc.
5. Regularly visit a “grand friend” at an old age home. Play card games, do crafts together, teach each other new skills, make up stories, exchange advice and build a real connection.
6. Deliver Meals on Wheels in hospitals helping people who have come from distant places, raise funds to donate food.
7. Draw some special pictures. Use these as wrapping paper, tucking inside them a piece of wrapped candy or silk flower, along with a note like “thanks for being so nice” or “you made my day.” Then keep these in the bag and when you’re out together, stay on the lookout for a nice cashier, helpful librarian, or kind friend to hand out a surprise package. It cues kids to see goodness everywhere.
8. Raise funds to buy forage, feed and other items that the animal shelter houses need. (Gaushalas)
9. Help out someone from your locality dealing with illness by helping in routine household chores.
10. Pick up litter in your neighborhood or park. It’s safe to do this by wearing gloves and using a pick up tool or a Reacher. Put each piece of trash in a box or garbage bag, then recycle or throw away when you’re done.
11. Protect natural, cultural, and historical resources by volunteering for some heritage site that you have near your home. For example ancient historical building or an old mosque, temple or gurudwara.
12. Help the government in its swachh Bharat Abhiyan by cleaning roads, removing litter or by making

dustbins using recyclable materials.

13. Serve as unofficial welcoming friends for immigrants who could use help navigating unfamiliar streets and who need assistance learning the customs and colloquialisms that aren't in any handbook.
14. Repair and donate such items as toys, household items or computers to poor ones who cannot afford it.
15. Volunteer with Red Cross Youth Services or similar organization through your local Red Cross branch. And make sure kids and parents take a CPR/first-aid course so everyone is ready to volunteer lifesaving services if necessary.
16. Write letters to deployed service members from army, navy, air force and other paramilitary forces to tell them how grateful you are for their services. You can get their posting address from armed forces websites.
17. Produce a neighborhood newspaper or e-letter.
18. Connect with teens around the world through UNICEF - sponsored Voices of Youth.
19. Certify your backyard, even your apartment balcony, as a wildlife garden through the Indian Wildlife club.
20. Greet new people on your street with a small gift such as a houseplant or plate of cookies.
21. Adopt a town monument and keep it clean.
22. Make treats and deliver them to your local police or fire station.
23. Collect clothing, blankets, toys, disposable diapers, and personal care items and donate to homeless shelters.
24. Plant extra seeds and share the plants or Sell the flowers or plants and donate the proceeds to a local organization in need.
25. Organize to build a playground in your neighborhood.
26. Make treats for a local senior homes.
27. Improve the local government school grounds.
28. Collect unused make-up, perfume and other cosmetics for a center for abused women.
29. Make center pieces, holiday cards, birthday cards, and notes for assisted living facilities,

children hospital wards.

30. Have kids practice reading a book and read it to a younger child who needs help learning how to read; a senior citizen who will benefit from companionship or a child in a special needs classroom in your school who is learning to read.
31. Read a newspaper to an elderly person who can no longer read the small print.
32. Make a bird bath from a plastic dish and put it in your yard or on the windowsill. Keep it filled with water and maintain water bowls both migrating and local birds. Make birdseed available as well.
33. Collect money and then provide popsicles for homeless kids'.



Activity 5 : visiting an old age home

a) why this particular activity was opted by child over others ?

b) what was the impact of community services on you ?

c) what was the impact of your services on your community ?

d) some positive and negative remarks received by a student while undertaking
a specific community service ?



Before



After



BEFORE



THEF

Sample shots for activity 10 clearly showing the impact of the services undertaken.

